





It can be complicated to speak clearly, especially when there are several things to respond to. It might take a lot of concentration so nothing falls by the wayside. In such a situation time may pass until words are sharpened.









'Projective identification' is a term in psychoanalysis. It describes someone projecting onto someone else. One treatment has the analyst holding back her reactions. The aim is for the patient to feel free of perception so she can find all the lost parts of herself.

